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1/2 Day Couriers | Express Couriers  
Australia Wide | Air Freight

## **LIMITED SERVICE**

Effective 01/03/20

|                     |  |
|---------------------|--|
| ABERFOYLE PARK      | TWICE DAILY                                      |
| ADELAIDE            | RUNDLE MALL AM ONLY                              |
| ADELAIDE AIRPORT    | AM ONLY - TERMINAL WED ONLY - HARBORTOWN AM ONLY |
| ADELAIDE UNIVERSITY | PM ONLY  |
| ALBERT PARK         | TWICE DAILY                                      |
| ALBERTON            | TWICE DAILY                                      |
| ALDGATE             | TWICE DAILY                                      |
| ALDINGA             | TWICE DAILY                                      |
| ALDINGA BEACH       | TWICE DAILY                                      |
| ALLENBY GARDENS     | TWICE DAILY                                      |
| ALLENDALE NORTH     | TUES & THURS ONLY                                |
| ALMA                | ONCE DAILY                                       |
| ALTONA              | TWICE DAILY                                      |
| ANDREWS FARM        | AM ONLY  |
| ANGAS PLAINS        | MON, WED & FRIDAY ONLY                           |
| ANGAS VALLEY        | AS REQUIRED ONCE WEEKLY                          |
| ANGASTON            | PM ONLY  |
| ANGLE PARK          | TWICE DAILY                                      |
| ANGLE VALE          | TWICE DAILY                                      |
| ARMAGH              | TUES & THURS ONLY                                |
| ASCOT PARK          | TWICE DAILY                                      |
| ASHBOURNE           | AS REQUIRED ONCE WEEKLY                          |
| ASHFORD             | TWICE DAILY                                      |
| ASHTON              | AM ONLY  |
| ATHELSTONE          | AM ONLY  |
| ATHOL PARK          | TWICE DAILY                                      |
| AUBURN              | ONCE DAILY                                       |
| AULDANA             | TUES & THURS AM ONLY                             |
| AVOCA DELL          | ONCE DAILY                                       |
| AVON                | ONCE DAILY                                       |
| BACK VALLEY         | ONCE DAILY                                       |
| BAGOT WELL          | ONCE DAILY                                       |
| BALAKLAVA           | ONCE DAILY                                       |
| BALD HILLS          | TUES & THURS ONLY                                |
| BALHANNAH           | TWICE DAILY                                      |



|                    |                         |
|--------------------|-------------------------|
| BANKSIA PARK       | TWICE DAILY             |
| BARABBA            | ONCE DAILY              |
| BAROSSA GOLDFIELDS | ONCE DAILY              |
| BASKET RANGE       | MON, WED & FRI ONLY     |
| BEAUMONT           | TWICE DAILY             |
| BEDFORD PARK       | AM ONLY                 |
| BELAIR             | TWICE DAILY             |
| BELLEVUE HEIGHTS   | AM ONLY                 |
| BELVIDERE          | MON, WED & FRIDAY ONLY  |
| BETHANY            | PM ONLY                 |
| BETHEL             | TUES & THURS ONLY       |
| BEULAH PARK        | TWICE DAILY             |
| BEVERLEY           | TWICE DAILY             |
| BIBARINGA          | TWICE DAILY             |
| BIGGS FLAT         | MON & THURS AM ONLY     |
| BIRDWOOD           | TWICE DAILY             |
| BIRKENHEAD         | TWICE DAILY             |
| BLACK FOREST       | TWICE DAILY             |
| BLACKFELLOWS CREEK | TUES & THURS ONLY       |
| BLACKWOOD          | TWICE DAILY             |
| BLAIR ATHOL        | TWICE DAILY             |
| BLAIR ATHOL WEST   | TWICE DAILY             |
| BLAKEVIEW          | TWICE DAILY             |
| BLAKISTON          | WED & FRI PM ONLY       |
| BLETCHLEY          | AM ONLY                 |
| BLEWITT SPRINGS    | ONCE DAILY              |
| BLYTH              | ONCE DAILY              |
| BOCONNOC PARK      | TUES & THURS ONLY       |
| BOLIVAR            | TWICE DAILY             |
| BOLTO              | ONCE DAILY              |
| BOWDEN             | TWICE DAILY             |
| BOWMANS            | ONCE DAILY              |
| BRADBURY           | MON & THURS ONLY        |
| BRAHMA LODGE       | TWICE DAILY             |
| BRIDGEWATER        | PM ONLY                 |
| BRIGHTON           | TWICE DAILY             |
| BRINKLEY           | AS REQUIRED ONCE WEEKLY |
| BROADVIEW          | TWICE DAILY             |
| BROMPTON           | TWICE DAILY             |
| BROOKLYN PARK      | TWICE DAILY             |



|                  |                         |
|------------------|-------------------------|
| BROWN HILL CREEK | ONCE DAILY              |
| BRUKUNGA         | PM ONLY                 |
| BUCHFELDE        | AM ONLY                 |
| BUCKLAND PARK    | PM ONLY                 |
| BUGLE RANGES     | ONCE DAILY              |
| BULL CREEK       | AS REQUIRED ONCE WEEKLY |
| BURNSIDE         | TWICE DAILY             |
| BURTON           | TWICE DAILY             |
| CALLINGTON       | AM ONLY                 |
| CALOMBA          | ONCE DAILY              |
| CALOOTE          | MON & WED               |
| CAMBRAI          | FRIDAY ONLY             |
| CAMDEN PARK      | AM ONLY                 |
| CAMPBELLTOWN     | TWICE DAILY             |
| CAREY GULLY      | AM ONLY                 |
| CARRICKALINGA    | AM ONLY                 |
| CASTAMBUL        | ONCE DAILY              |
| CAVAN            | TWICE DAILY             |
| CHAIN OF PONDS   | ONCE DAILY              |
| CHANDLERS HILL   | TWICE DAILY             |
| CHAPEL HILL      | MON & THURS AM ONLY     |
| CHARLESTON       | TWICE DAILY             |
| CHELTENHAM       | TWICE DAILY             |
| CHERRY GARDENS   | TUES & THURS ONLY       |
| CHERRYVILLE      | MON, WED & FRI ONLY     |
| CHRISTIE DOWNS   | AM ONLY                 |
| CHRISTIES BEACH  | AM ONLY                 |
| CITY WEST CAMPUS | PM ONLY                 |
| CLAPHAM          | AM ONLY                 |
| CLARE            | ONCE DAILY              |
| CLARENCE GARDENS | TWICE DAILY             |
| CLARENCE PARK    | TWICE DAILY             |
| CLARENDON        | TWICE DAILY             |
| CLAYTON BAY      | FRIDAY ONLY             |
| CLEARVIEW        | TWICE DAILY             |
| CLELAND          | MON & WED AM ONLY       |
| CLOVELLY PARK    | TWICE DAILY             |
| COCKATOO VALLEY  | AM ONLY                 |
| COLLEGE PARK     | TWICE DAILY             |
| COLLINSWOOD      | TWICE DAILY             |



|                       |                                  |
|-----------------------|----------------------------------|
| COLONEL LIGHT GARDENS | AM ONLY                          |
| CONCORDIA             | ONCE DAILY                       |
| COROMANDEL EAST       | TUES & THURS ONLY                |
| COROMANDEL VALLEY     | AM ONLY                          |
| COWANDILLA            | TWICE DAILY                      |
| COWIRRA               | TUES & THURS ONLY                |
| CRAFERS               | AM ONLY                          |
| CRAFERS WEST          | MON & WED PM ONLY                |
| CRAIGBURN FARM        | AM ONLY                          |
| CRAIGMORE             | TWICE DAILY                      |
| CROMER                | FRIDAY ONLY                      |
| CROYDON               | TWICE DAILY                      |
| CROYDON PARK          | TWICE DAILY                      |
| CUDLEE CREEK          | ONCE DAILY                       |
| CUMBERLAND PARK       | TWICE DAILY                      |
| CURRENCY CREEK        | ONCE DAILY                       |
| DALKEY                | ONCE DAILY                       |
| DARLINGTON            | AM ONLY                          |
| DAVEYSTON             | MON & WED PM ONLY                |
| DAVOREN PARK          | TWICE DAILY                      |
| DAW PARK              | TWICE DAILY                      |
| DAWESLEY              | PM ONLY                          |
| DELAMERE              | FRIDAY ONLY                      |
| DERNANCOURT           | TWICE DAILY                      |
| DEVON PARK            | TWICE DAILY                      |
| DINGABLEDINGA         | ONCE DAILY                       |
| DIREK                 | TWICE DAILY                      |
| DORSET VALE           | TUES & THURS ONLY                |
| DOVER GARDENS         | TWICE DAILY                      |
| DRY CREEK             | VATER STREET AM ONLY             |
| DUBLIN                | ONCE DAILY                       |
| DUDLEY PARK           | TWICE DAILY                      |
| DULWICH               | TWICE DAILY                      |
| DUTTON                | AS REQUIRED ONCE WEEKLY          |
| EAGLE ON THE HILL     | MON AM ONLY                      |
| EASTWOOD              | TWICE DAILY                      |
| EBENEZER              | TUES & THURS ONLY                |
| ECHUNGA               | AM ONLY                          |
| EDEN HILLS            | AM ONLY - ETSA PARK TWICE A WEEK |
| EDEN VALLEY           | ONCE DAILY                       |



|                     |                         |
|---------------------|-------------------------|
| EDINBURGH           | AM ONLY                 |
| EDINBURGH NORTH     | AM ONLY                 |
| EDINBURGH RAAF      | AM ONLY                 |
| EDWARDSTOWN         | TWICE DAILY             |
| ELIZABETH           | TWICE DAILY             |
| ELIZABETH DOWNS     | TWICE DAILY             |
| ELIZABETH EAST      | TWICE DAILY             |
| ELIZABETH GROVE     | TWICE DAILY             |
| ELIZABETH NORTH     | TWICE DAILY             |
| ELIZABETH PARK      | TWICE DAILY             |
| ELIZABETH SOUTH     | TWICE DAILY             |
| ELIZABETH VALE      | TWICE DAILY             |
| ELIZABETH WEST      | TWICE DAILY             |
| EMU FLAT            | TUES & THURS ONLY       |
| ENCOUNTER BAY       | TWICE DAILY             |
| ENFIELD             | TWICE DAILY             |
| ERINDALE            | TWICE DAILY             |
| ERITH               | ONCE DAILY              |
| ETHELTON            | TWICE DAILY             |
| EUDUNDA             | FRIDAY ONLY             |
| EVANDALE            | TWICE DAILY             |
| EVANSTON            | TWICE DAILY             |
| EVANSTON GARDENS    | PM ONLY                 |
| EVANSTON PARK       | TWICE DAILY             |
| EVANSTON SOUTH      | TWICE DAILY             |
| EVERARD PARK        | TWICE DAILY             |
| EXETER              | TWICE DAILY             |
| FAIRVIEW PARK       | TWICE DAILY             |
| FELIXSTOW           | TWICE DAILY             |
| FERRYDEN PARK       | TWICE DAILY             |
| FINDON              | TWICE DAILY             |
| FINNISS             | AS REQUIRED ONCE WEEKLY |
| FIRLE               | TWICE DAILY             |
| FISCHER             | ONCE DAILY              |
| FITZROY             | TWICE DAILY             |
| FLAGSTAFF HILL      | TWICE DAILY             |
| FLAXLEY             | WED PM ONLY             |
| FLAXMAN VALLEY      | ONCE DAILY              |
| FLINDERS PARK       | TWICE DAILY             |
| FLINDERS UNIVERSITY | AM ONLY                 |



|                  |                           |
|------------------|---------------------------|
| FORDS            | TUES & THURS ONLY         |
| FOREST RANGE     | MON, WED & FRI ONLY       |
| FORESTVILLE      | TWICE DAILY               |
| FORRESTON        | TUES, WED & THURS AM ONLY |
| FREELING         | TWICE DAILY               |
| FREWVILLE        | TWICE DAILY               |
| FULHAM           | TWICE DAILY               |
| FULHAM GARDENS   | TWICE DAILY               |
| FULLARTON        | TWICE DAILY               |
| GAWLER           | TWICE DAILY               |
| GAWLER BELT      | AM ONLY                   |
| GAWLER EAST      | TWICE DAILY               |
| GAWLER RIVER     | PM ONLY                   |
| GAWLER SOUTH     | TWICE DAILY               |
| GAWLER WEST      | TWICE DAILY               |
| GEMMELLS         | MON, WED & FRIDAY ONLY    |
| GEPPS CROSS      | TWICE DAILY               |
| GIFFORD HILL     | ONCE DAILY                |
| GILBERTON        | TWICE DAILY               |
| GILES CORNER     | ONCE DAILY                |
| GILLEN TOWN      | TUES & THURS ONLY         |
| GILLES PLAINS    | TWICE DAILY               |
| GILLMAN          | GRAND TRUNKWAY AM ONLY    |
| GLANDORE         | AM ONLY                   |
| GLANVILLE        | TWICE DAILY               |
| GLEN OSMOND      | TWICE DAILY               |
| GLENALTA         | AM ONLY                   |
| GLENELG          | TWICE DAILY               |
| GLENELG EAST     | PM ONLY                   |
| GLENELG NORTH    | AM ONLY                   |
| GLENELG SOUTH    | TWICE DAILY               |
| GLENGOWRIE       | TWICE DAILY               |
| GLENSIDE         | TWICE DAILY               |
| GLENUNGA         | TWICE DAILY               |
| GLOBE DERBY PARK | TWICE DAILY               |
| GLYNDE           | TWICE DAILY               |
| GOLDEN GROVE     | TWICE DAILY               |
| GOMERSAL         | TWICE DAILY               |
| GOODWOOD         | TWICE DAILY               |
| GOOLWA           | TWICE DAILY               |



|                    |                        |
|--------------------|------------------------|
| GOOLWA BEACH       | TWICE DAILY            |
| GOOLWA NORTH       | TWICE DAILY            |
| GOOLWA SOUTH       | TWICE DAILY            |
| GOULD CREEK        | ONCE DAILY             |
| GRACE PLAINS       | ONCE DAILY             |
| GRANGE             | TWICE DAILY            |
| GREEN FIELDS       | TWICE DAILY            |
| GREEN HILLS RANGE  | ONCE DAILY             |
| GREENACRES         | TWICE DAILY            |
| GREENBANKS         | TUES & THURS ONLY      |
| GREENHILL          | MON & WED AM ONLY      |
| GREENOCK           | AM ONLY                |
| GREENWITH          | TWICE DAILY            |
| GULFVIEW HEIGHTS   | AM ONLY                |
| GUMERACHA          | MON, WED & FRI AM ONLY |
| HACKHAM            | AM ONLY                |
| HACKHAM WEST       | AM ONLY                |
| HACKNEY            | TWICE DAILY            |
| HAHNDORF           | TWICE DAILY            |
| HALBURY            | ONCE DAILY             |
| HALLETT COVE       | TWICE DAILY            |
| HAMILTON           | ONCE DAILY             |
| HAMLEY BRIDGE      | ONCE DAILY             |
| HAMPSTEAD GARDENS  | TWICE DAILY            |
| HAPPY VALLEY       | TWICE DAILY            |
| HARROGATE          | FRIDAY ONLY            |
| HARTLEY            | FRIDAY ONLY            |
| HAWTHORN           | AM ONLY                |
| HAWTHORNDENE       | AM ONLY                |
| HAY FLAT           | FRIDAY ONLY            |
| HAY VALLEY         | ONCE DAILY             |
| HAYBOROUGH         | TWICE DAILY            |
| HAZELWOOD PARK     | TWICE DAILY            |
| HEATHFIELD         | AM ONLY                |
| HEATHPOOL          | TWICE DAILY            |
| HECTORVILLE        | TWICE DAILY            |
| HENDON             | TWICE DAILY            |
| HENLEY BEACH       | TWICE DAILY            |
| HENLEY BEACH SOUTH | TWICE DAILY            |
| HEWETT             | AM ONLY                |



|                    |                         |
|--------------------|-------------------------|
| HIGHBURY           | TWICE DAILY             |
| HIGHGATE           | TWICE DAILY             |
| HIGHLAND VALLEY    | MON, WED & FRIDAY ONLY  |
| HILLBANK           | AM ONLY                 |
| HILLCREST          | TWICE DAILY             |
| HILLIER            | PM ONLY                 |
| HILTON             | TWICE DAILY             |
| HINDMARSH          | TWICE DAILY             |
| HINDMARSH ISLAND   | AM ONLY                 |
| HINDMARSH TIERS    | TUES & THURS ONLY       |
| HINDMARSH VALLEY   | TWICE DAILY             |
| HOLDEN HILL        | TWICE DAILY             |
| HOPE FOREST        | ONCE DAILY              |
| HOPE VALLEY        | TWICE DAILY             |
| HORSNELL GULLY     | ONCE DAILY              |
| HOSKIN CORNER      | ONCE DAILY              |
| HOUGHTON           | THURS & FRI AM ONLY     |
| HOVE               | PM ONLY                 |
| HOYLETON           | TUES & THURS ONLY       |
| HUMBUG SCRUB       | ONCE DAILY              |
| HUNTFIELD HEIGHTS  | AM ONLY                 |
| HYDE PARK          | TWICE DAILY             |
| INGLE FARM         | TWICE DAILY             |
| INGLEWOOD          | THURS & FRI AM ONLY     |
| INKERMAN           | ONCE DAILY              |
| INMAN VALLEY       | AM ONLY                 |
| INVERBRACKIE       | ONCE DAILY              |
| IRONBANK           | MON-THURS AM ONLY       |
| JERVOIS            | AM ONLY                 |
| JOSLIN             | TWICE DAILY             |
| JUPITER CREEK      | AS REQUIRED ONCE WEEKLY |
| KALBEEBA           | AM ONLY                 |
| KANGARILLA         | TWICE DAILY             |
| KANGAROO FLAT      | AM ONLY                 |
| KANMANTOO          | AM ONLY                 |
| KAPUNDA            | TWICE DAILY             |
| KENSINGTON         | TWICE DAILY             |
| KENSINGTON GARDENS | TWICE DAILY             |
| KENSINGTON PARK    | TWICE DAILY             |
| KENT TOWN          | TWICE DAILY             |





|                  |                         |
|------------------|-------------------------|
| KENTON VALLEY    | MON, WED & FRI AM ONLY  |
| KERSBROOK        | ONCE DAILY              |
| KESWICK          | TWICE DAILY             |
| KESWICK TERMINAL | MON, WED & FRI PM ONLY  |
| KEYNETON         | WED ONLY                |
| KIDMAN PARK      | TWICE DAILY             |
| KILBURN          | TWICE DAILY             |
| KILBURN NORTH    | TWICE DAILY             |
| KILKENNY         | TWICE DAILY             |
| KINGS PARK       | PM ONLY                 |
| KINGSFORD        | AM ONLY                 |
| KINGSTON PARK    | AM ONLY                 |
| KINGSWOOD        | TWICE DAILY             |
| KLEMZIG          | TWICE DAILY             |
| KOONUNGA         | TUES & THURS ONLY       |
| KORUNYE          | ONCE DAILY              |
| KRONDORF         | TWICE DAILY             |
| KUDLA            | PM ONLY                 |
| KUITPO           | TUES & THURS ONLY       |
| KUITPO COLONY    | TUES & THURS ONLY       |
| KURRALTA PARK    | TWICE DAILY             |
| KYBUNGA          | ONCE DAILY              |
| KYEEMA           | TUES & THURS ONLY       |
| LAKE PLAINS      | AS REQUIRED ONCE WEEKLY |
| LANGHORNE CREEK  | TWICE DAILY             |
| LARGS BAY        | TWICE DAILY             |
| LARGS NORTH      | TWICE DAILY             |
| LEABROOK         | TWICE DAILY             |
| LEASINGHAM       | ONCE DAILY              |
| LEAWOOD GARDENS  | MON AM ONLY             |
| LENSWOOD         | PM ONLY                 |
| LEWISTON         | PM ONLY                 |
| LIGHT PASS       | ONCE DAILY              |
| LIGHTSVIEW       | TWICE DAILY             |
| LINDEN PARK      | TWICE DAILY             |
| LINWOOD          | TUES & THURS ONLY       |
| LITTLEHAMPTON    | TWICE DAILY             |
| LOBETHAL         | TWICE DAILY             |
| LOCKLEYS         | TWICE DAILY             |
| LONG FLAT        | ONCE DAILY              |



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|--------------------|---------------------------------|
| LONG PLAINS        | ONCE DAILY                      |
| LONGWOOD           | AM ONLY                         |
| LONSDALE           | TWICE DAILY                     |
| LOWER HERMITAGE    | THURS & FRI AM ONLY             |
| LOWER INMAN VALLEY | ONCE DAILY                      |
| LOWER LIGHT        | ONCE DAILY                      |
| LOWER MITCHAM      | TWICE DAILY                     |
| LYNDOCH            | TWICE DAILY                     |
| LYNTON             | TWICE DAILY                     |
| MACCLESFIELD       | MON, WED & FRI AM ONLY          |
| MACDONALD PARK     | PM ONLY                         |
| MAGDALA            | TUES & THURS ONLY               |
| MAGILL             | TWICE DAILY                     |
| MALLALA            | ONCE DAILY                      |
| MALVERN            | TWICE DAILY                     |
| MANNINGHAM         | TWICE DAILY                     |
| MANNUM             | TWICE DAILY                     |
| MANOORA            | ONCE DAILY                      |
| MANSFIELD PARK     | TWICE DAILY                     |
| MARANANGA          | ONCE DAILY                      |
| MARBLE HILL        | MON, WED & FRI ONLY             |
| MARDEN             | TWICE DAILY                     |
| MARINO             | AM ONLY                         |
| MARION             | AM ONLY                         |
| MARLESTON          | TWICE DAILY                     |
| MARRABEL           | TUES & THURS ONLY               |
| MARRYATVILLE       | TWICE DAILY                     |
| MASLIN BEACH       | AM ONLY                         |
| MAWSON LAKES       | UNIVERSITY OF SA CAMPUS AM ONLY |
| MAYLANDS           | TWICE DAILY                     |
| MCCRACKEN          | TWICE DAILY                     |
| MCHARG CREEK       | TUES & THURS ONLY               |
| MCLAREN FLAT       | AM ONLY                         |
| MCLAREN VALE       | TWICE DAILY                     |
| MEADOWS            | AM ONLY                         |
| MEDINDIE           | TWICE DAILY                     |
| MEDINDIE GARDENS   | TWICE DAILY                     |
| MELROSE PARK       | TWICE DAILY                     |
| MIDDLE BEACH       | ONCE DAILY                      |
| MIDDLETON          | TWICE DAILY                     |



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|-----------------------|------------------------|
| MILANG                | ONCE DAILY             |
| MILE END              | TWICE DAILY            |
| MILE END SOUTH        | SANTOS STADIUM AM ONLY |
| MILLBROOK             | ONCE DAILY             |
| MILLSWOOD             | TWICE DAILY            |
| MINTARO               | ONCE DAILY             |
| MITCHAM               | TWICE DAILY            |
| MITCHELL PARK         | TWICE DAILY            |
| MOANA                 | TWICE DAILY            |
| MOBILONG              | ONCE DAILY             |
| MOCULTA               | TUES & THURS ONLY      |
| MODBURY               | TWICE DAILY            |
| MODBURY HEIGHTS       | TWICE DAILY            |
| MODBURY NORTH         | TWICE DAILY            |
| MONARTO               | TWICE DAILY            |
| MONARTO SOUTH         | AM ONLY                |
| MONTACUTE             | MON, WED & FRI ONLY    |
| MONTARRA              | TUES & THURS ONLY      |
| MONTEITH              | TUES & THURS ONLY      |
| MOPPA                 | TUES & THURS ONLY      |
| MORN HILL             | TUES & THURS ONLY      |
| MORPHETT VALE         | TWICE DAILY            |
| MORPHETTVILLE         | TWICE DAILY            |
| MOSQUITO HILL         | TUES & THURS ONLY      |
| MOUNT BARKER          | TWICE DAILY            |
| MOUNT BARKER JUNCTION | TWICE DAILY            |
| MOUNT BARKER SPRINGS  | TWICE DAILY            |
| MOUNT BARKER SUMMIT   | TWICE DAILY            |
| MOUNT COMPASS         | TWICE DAILY            |
| MOUNT CRAWFORD        | TUES & THURS ONLY      |
| MOUNT GEORGE          | MON & WED PM ONLY      |
| MOUNT JAGGED          | ONCE DAILY             |
| MOUNT LOFTY           | TWICE DAILY            |
| MOUNT MAGNIFICENT     | ONCE DAILY             |
| MOUNT MCKENZIE        | WEDNESDAY ONLY         |
| MOUNT OBSERVATION     | TUES & THURS ONLY      |
| MOUNT OSMOND          | MON & WED AM ONLY      |
| MOUNT PLEASANT        | TWICE DAILY            |
| MOUNT TORRENS         | TWICE DAILY            |
| MUNNO PARA            | TWICE DAILY            |



|                     |   |
|---------------------|---|
| MUNNO PARA DOWNS    | TWICE DAILY   |
| MUNNO PARA WEST     | AM ONLY   |
| MURRAWONG           | TUES & THURS ONLY   |
| MURRAY BRIDGE       | TWICE DAILY   |
| MURRAY BRIDGE EAST  | TWICE DAILY   |
| MURRAY BRIDGE NORTH | TWICE DAILY   |
| MURRAY BRIDGE SOUTH | TWICE DAILY   |
| MYLOR               | AM ONLY   |
| MYPOLONGA           | AM ONLY   |
| MYPONGA             | AM ONLY   |
| MYPONGA BEACH       | TUES & THURS ONLY   |
| MYRTLE BANK         | TWICE DAILY   |
| NAILSWORTH          | TWICE DAILY   |
| NAIN                | TUES & THURS ONLY   |
| NAIRNE              | TWICE DAILY   |
| NANGKITA            | ONCE DAILY  |
| NETHERBY            | TWICE DAILY   |
| NETLEY              | TWICE DAILY   |
| NEW PORT            | TWICE DAILY   |
| NEWTON              | TWICE DAILY   |
| NOARLUNGA CENTRE    | TWICE DAILY   |
| NOARLUNGA DOWNS     | TWICE DAILY   |
| NORMANVILLE         | AM ONLY   |
| NORTH ADELAIDE      | TWICE DAILY   |
| NORTH BRIGHTON      | AM ONLY   |
| NORTH HAVEN         | AM ONLY   |
| NORTH PLYMPTON      | TWICE DAILY   |
| NORTHERN HEIGHTS    | ONCE DAILY  |
| NORTHFIELD          | PM ONLY, YATALA PRISON AM ONLY, HAMSTEAD REHAB CENTRE AM ONLY |
| NORTHGATE           | AM ONLY   |
| NORTON SUMMIT       | AM ONLY   |
| NORWOOD             | TWICE DAILY   |
| NORWOOD SOUTH       | TWICE DAILY   |
| NOVAR GARDENS       | TWICE DAILY   |
| NURIOOTPA           | TWICE DAILY   |
| NURRAGI             | FRIDAY ONLY   |
| OAKBANK             | TWICE DAILY   |
| OAKDEN              | AM ONLY   |
| OAKLANDS PARK       | AM ONLY   |



|                   |                         |
|-------------------|-------------------------|
| O'HALLORAN HILL   | TWICE DAILY             |
| OLD NOARLUNGA     | AM ONLY                 |
| OLD REYNELLA      | TWICE DAILY             |
| ONE TREE HILL     | PM ONLY                 |
| ONKAPARINGA HILLS | AM ONLY                 |
| OSBORNE           | TWICE DAILY             |
| O'SULLIVAN BEACH  | PM ONLY                 |
| OTTOWAY           | TWICE DAILY             |
| OUTER HARBOR      | AM ONLY                 |
| OVINGHAM          | TWICE DAILY             |
| OWEN              | ONCE DAILY              |
| PAECHTOWN         | ONCE DAILY              |
| PAGES FLAT        | ONCE DAILY              |
| PALLAMANA         | ONCE DAILY              |
| PALMER            | ONCE DAILY              |
| PANORAMA          | TWICE DAILY             |
| PARA HILLS        | TWICE DAILY             |
| PARA HILLS WEST   | TWICE DAILY             |
| PARA VISTA        | TWICE DAILY             |
| PARACOMBE         | THURS/FRI AM ONLY       |
| PARADISE          | TWICE DAILY             |
| PARAFIELD         | TWICE DAILY             |
| PARAFIELD AIRPORT | TWICE DAILY             |
| PARAFIELD GARDENS | TWICE DAILY             |
| PARALOWIE         | TWICE DAILY             |
| PARAWA            | AS REQUIRED ONCE WEEKLY |
| PARHAM            | ONCE DAILY              |
| PARIS CREEK       | MON, WED & FRI AM ONLY  |
| PARK HOLME        | TWICE DAILY             |
| PARKSIDE          | TWICE DAILY             |
| PARLIAMENT HOUSE  | TWICE DAILY             |
| PASADENA          | PM ONLY                 |
| PAYNEHAM          | TWICE DAILY             |
| PAYNEHAM SOUTH    | TWICE DAILY             |
| PENFIELD          | ONCE DAILY              |
| PENFIELD GARDENS  | ONCE DAILY              |
| PENNINGTON        | PM ONLY                 |
| PENRICE           | MON, WED & FRI PM ONLY  |
| PENWORTHAM        | ONCE DAILY              |
| PETERHEAD         | TWICE DAILY             |



|                      |   |
|----------------------|---|
| PETWOOD              | ONCE DAILY                                  |
| PEWSEY VALE          | FRIDAY ONLY                                 |
| PICCADILLY           | PM ONLY                                     |
| PINERY               | ONCE DAILY                                  |
| PINKERTON PLAINS     | ONCE DAILY                                  |
| PLYMPTON             | AM ONLY                                     |
| PLYMPTON PARK        | TWICE DAILY                                 |
| POINT STURT          | FRIDAY ONLY                                 |
| POLISH HILL RIVER    | ONCE DAILY                                  |
| POMPOOTA             | TUES & THURS ONLY                           |
| PONDE                | TUES & THURS ONLY                           |
| POORAKA              | POORAKA MARKETS AM ONLY                     |
| PORT ADELAIDE        | OCEANSTEAMERS ROAD & FRANCIS STREET AM ONLY |
| PORT ELLIOT          | TWICE DAILY                                 |
| PORT GAWLER          | ONCE DAILY                                  |
| PORT MANNUM          | ONCE DAILY                                  |
| PORT NOARLUNGA       | PM ONLY                                     |
| PORT NOARLUNGA SOUTH | PM ONLY                                     |
| PORT STANVAC         | TWICE DAILY                                 |
| PORT WAKEFIELD       | ONCE DAILY                                  |
| PORT WILLUNGA        | TWICE DAILY                                 |
| PROSPECT             | TWICE DAILY                                 |
| PROSPECT HILL        | TUES & THURS ONLY                           |
| QUEENSTOWN           | TWICE DAILY                                 |
| RAPID BAY            | FRIDAY ONLY                                 |
| RED CREEK            | TUES & THURS ONLY                           |
| REDBANKS             | ONCE DAILY                                  |
| REDWOOD PARK         | TWICE DAILY                                 |
| REEVES PLAINS        | ONCE DAILY                                  |
| REGENCY PARK         | TWICE DAILY                                 |
| REID                 | PM ONLY                                     |
| RENOWN PARK          | TWICE DAILY                                 |
| REYNELLA             | TWICE DAILY                                 |
| REYNELLA EAST        | TWICE DAILY                                 |
| RHYNIE               | ONCE DAILY                                  |
| RICHMOND             | TWICE DAILY                                 |
| RIDGEHAVEN           | TWICE DAILY                                 |
| RIDLEYTON            | TWICE DAILY                                 |
| RIVERGLADES          | ONCE DAILY                                  |
| RIVERGLEN            | ONCE DAILY                                  |



|                   |   |
|-------------------|---|
| RIVERTON          | ONCE DAILY                                  |
| ROCKLEIGH         | FRIDAY ONLY                                 |
| ROCKY GULLY       | ONCE DAILY                                  |
| ROSE PARK         | TWICE DAILY                                 |
| ROSEDALE          | TUES & THURS ONLY                           |
| ROSEWATER         | PM ONLY                                     |
| ROSEWORTHY        | AM ONLY - UNIVERSITY MON, WED & FRI AM ONLY |
| ROSSLYN PARK      | TWICE DAILY                                 |
| ROSTREVOR         | TWICE DAILY                                 |
| ROWLAND FLAT      | AM ONLY                                     |
| ROYAL PARK        | TWICE DAILY                                 |
| ROYSTON PARK      | TWICE DAILY                                 |
| RUNDLE MALL       | TWICE DAILY                                 |
| SADDLEWORTH       | ONCE DAILY                                  |
| SALEM             | TUES & THURS ONLY                           |
| SALISBURY         | TWICE DAILY                                 |
| SALISBURY DOWNS   | TWICE DAILY                                 |
| SALISBURY EAST    | PM ONLY - SCHOOLS AM ONLY                   |
| SALISBURY HEIGHTS | PM ONLY - SCHOOLS AM ONLY                   |
| SALISBURY NORTH   | TWICE DAILY                                 |
| SALISBURY PARK    | TWICE DAILY                                 |
| SALISBURY PLAIN   | TWICE DAILY                                 |
| SALISBURY SOUTH   | TWICE DAILY                                 |
| SALTER SPRINGS    | TUES & THURS ONLY                           |
| SAMPSON FLAT      | ONCE DAILY                                  |
| SANDERGROVE       | TUES & THURS ONLY                           |
| SANDERSTON        | AS REQUIRED ONCE WEEKLY                     |
| SANDY CREEK       | AM ONLY                                     |
| SCOTT CREEK       | AM ONLY                                     |
| SEACLIFF          | AM ONLY                                     |
| SEACLIFF PARK     | TWICE DAILY                                 |
| SEACOMBE GARDENS  | TWICE DAILY                                 |
| SEACOMBE HEIGHTS  | TWICE DAILY                                 |
| SEAFORD           | TWICE DAILY                                 |
| SEAFORD HEIGHTS   | TWICE DAILY                                 |
| SEAFORD MEADOWS   | AM ONLY                                     |
| SEAFORD RISE      | AM ONLY                                     |
| SEATON            | TWICE DAILY                                 |
| SEAVIEW DOWNS     | AM ONLY                                     |
| SECOND VALLEY     | FRIDAY ONLY                                 |



|                   |                        |
|-------------------|------------------------|
| SEFTON PARK       | TWICE DAILY            |
| SELICKS BEACH     | AM ONLY                |
| SELICKS HILL      | ONCE DAILY             |
| SEMAPHORE         | TWICE DAILY            |
| SEMAPHORE PARK    | TWICE DAILY            |
| SEMAPHORE SOUTH   | TWICE DAILY            |
| SEPPELTSFIELD     | MON, WED & FRI AM ONLY |
| SEVENHILL         | ONCE DAILY             |
| SHEA-OAK LOG      | MON, WED & FRI PM ONLY |
| SHEIDOW PARK      | AM ONLY                |
| SILVER SANDS      | ONCE DAILY             |
| SKYE              | TUES & THURS AM ONLY   |
| SMITHFIELD        | TWICE DAILY            |
| SMITHFIELD PLAINS | TWICE DAILY            |
| SOMERTON PARK     | TWICE DAILY            |
| SOUTH BRIGHTON    | TWICE DAILY            |
| SOUTH PLYMPTON    | TWICE DAILY            |
| SPRING FARM       | ONCE DAILY             |
| SPRING GULLY      | ONCE DAILY             |
| SPRINGFIELD       | TWICE DAILY            |
| SPRINGTON         | AM ONLY                |
| ST AGNES          | TWICE DAILY            |
| ST CLAIR          | TWICE DAILY            |
| ST GEORGES        | TWICE DAILY            |
| ST IVES           | ONCE DAILY             |
| ST JOHNS          | TUES & THURS ONLY      |
| ST KILDA          | PM ONLY                |
| ST MARYS          | TWICE DAILY            |
| ST MORRIS         | TWICE DAILY            |
| ST PETERS         | TWICE DAILY            |
| STANLEY FLAT      | ONCE DAILY             |
| STEPNEY           | TWICE DAILY            |
| STIRLING          | TWICE DAILY            |
| STOCKPORT         | ONCE DAILY             |
| STOCKWELL         | WED PM ONLY            |
| STOCKYARD CREEK   | ONCE DAILY             |
| STONE WELL        | ONCE DAILY             |
| STONYFELL         | TWICE DAILY            |
| STRATHALBYN       | TWICE DAILY            |
| STURT             | TWICE DAILY            |





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|----------------------------|-------------------------|
| SUMMERTOWN                 | AM ONLY                 |
| SUNNYSIDE                  | TUES & THURS ONLY       |
| SURREY DOWNS               | TWICE DAILY             |
| SWANPORT                   | ONCE DAILY              |
| TAILEM BEND                | TUES & THURS            |
| TANUNDA                    | TWICE DAILY             |
| TAPEROO                    | TWICE DAILY             |
| TARLEE                     | ONCE DAILY              |
| TATACHILLA                 | TWICE DAILY             |
| TAUNTON                    | ONCE DAILY              |
| TEA TREE GULLY             | TWICE DAILY             |
| TEAL FLAT                  | AS REQUIRED ONCE WEEKLY |
| TEMPLERS                   | ONCE DAILY              |
| TENNYSON                   | TWICE DAILY             |
| TEPKO                      | MON, WED & FRIDAY ONLY  |
| TERINGIE                   | AM ONLY                 |
| THE RANGE                  | ONCE DAILY              |
| THE UNIVERSITY OF ADELAIDE | TWICE DAILY             |
| THEBARTON                  | TWICE DAILY             |
| THOMPSON BEACH             | ONCE DAILY              |
| THORNGATE                  | TWICE DAILY             |
| TONSLEY                    | TWICE DAILY             |
| TOOPERANG                  | TUES & THURS ONLY       |
| TOORA                      | ONCE DAILY              |
| TOORAK GARDENS             | TWICE DAILY             |
| TORRENS ISLAND             | AM ONLY                 |
| TORRENS PARK               | TWICE DAILY             |
| TORRENS VALE               | AS REQUIRED ONCE WEEKLY |
| TORRENSVILLE               | TWICE DAILY             |
| TOTNESS                    | ONCE DAILY              |
| TRANMERE                   | TWICE DAILY             |
| TRINITY GARDENS            | TWICE DAILY             |
| TROTT PARK                 | PICK UP AM, DELIVERY PM |
| TRURO                      | WED & THURS AM ONLY     |
| TUNGKILLO                  | AM ONLY                 |
| TUSMORE                    | TWICE DAILY             |
| TWO WELLS                  | PM ONLY                 |
| ULEYBURY                   | MON, WED & FRI ONLY     |
| UNDALYA                    | ONCE DAILY              |
| UNDERDALE                  | TWICE DAILY             |



|                        |                         |
|------------------------|-------------------------|
| UNIVERSITY OF ADELAIDE | PM ONLY                 |
| UNLEY                  | TWICE DAILY             |
| UNLEY PARK             | TWICE DAILY             |
| UPPER HERMITAGE        | THURS/FRI AM ONLY       |
| UPPER STURT            | THURS ONLY              |
| URAILDA                | AM ONLY                 |
| URRBRAE                | TWICE DAILY             |
| VALE PARK              | TWICE DAILY             |
| VALLEY VIEW            | TWICE DAILY             |
| VERDUN                 | AM ONLY                 |
| VICTOR HARBOR          | TWICE DAILY             |
| VINE VALE              | ONCE DAILY              |
| VIRGINIA               | TWICE DAILY             |
| VISTA                  | TWICE DAILY             |
| WAITPINGA              | ONCE DAILY              |
| WALKER FLAT            | AS REQUIRED ONCE WEEKLY |
| WALKERVILLE            | TWICE DAILY             |
| WALKLEY HEIGHTS        | TWICE DAILY             |
| WALL FLAT              | MON & WED               |
| WARD BELT              | ONCE DAILY              |
| WARRADALE              | PM ONLY                 |
| WARREN                 | ONCE DAILY              |
| WASLEYS                | ONCE DAILY              |
| WATCHMAN               | AS REQUIRED ONCE WEEKLY |
| WATERFALL GULLY        | TWICE DAILY             |
| WATERLOO CORNER        | PM ONLY                 |
| WATERVALE              | ONCE DAILY              |
| WATTLE FLAT            | ONCE DAILY              |
| WATTLE PARK            | TWICE DAILY             |
| WAYVILLE               | TWICE DAILY             |
| WEBB BEACH             | ONCE DAILY              |
| WELLAND                | TWICE DAILY             |
| WELLINGTON             | AM ONLY                 |
| WELLINGTON EAST        | AS REQUIRED ONCE WEEKLY |
| WEST BEACH             | TWICE DAILY             |
| WEST CROYDON           | TWICE DAILY             |
| WEST HINDMARSH         | TWICE DAILY             |
| WEST LAKES             | TWICE DAILY             |
| WEST LAKES SHORE       | TWICE DAILY             |
| WEST RICHMOND          | TWICE DAILY             |



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|-------------------|--|
| WESTBOURNE PARK   | AM ONLY  |
| WHITE HILL        | MON, WED & FRIDAY ONLY                         |
| WHITE SANDS       | ONCE DAILY                                     |
| WHITES VALLEY     | TWICE DAILY                                    |
| WILD HORSE PLAINS | ONCE DAILY                                     |
| WILLASTON         | TWICE DAILY                                    |
| WILLIAMSTOWN      | AM ONLY  |
| WILLOW BANKS      | FRIDAY ONLY                                    |
| WILLUNGA          | TWICE DAILY                                    |
| WILLUNGA HILL     | PM ONLY  |
| WILLUNGA SOUTH    | PM ONLY  |
| WILLYAROO         | AM ONLY  |
| WINDSOR           | ONCE DAILY                                     |
| WINDSOR GARDENS   | TWICE DAILY                                    |
|                   | HANSON RD NORTH TUES & THURS PM ONLY, MAGAZINE |
| WINGFIELD         | ROAD AM ONLY                                   |
| WIRRINA COVE      | FRIDAY ONLY                                    |
| WISTOW            | PM ONLY  |
| WOODCHESTER       | TUES & THURS ONLY                              |
| WOODCROFT         | TWICE DAILY                                    |
| WOODFORDE         | TWICE DAILY                                    |
| WOODLANE          | MON & WED                                      |
| WOODS POINT       | TUES & THURS                                   |
| WOODSIDE          | TWICE DAILY                                    |
| WOODVILLE         | CHARLES ST INDUSTRIAL PARK AM ONLY             |
| WOODVILLE GARDENS | TWICE DAILY                                    |
| WOODVILLE NORTH   | TWICE DAILY                                    |
| WOODVILLE PARK    | TWICE DAILY                                    |
| WOODVILLE SOUTH   | TWICE DAILY                                    |
| WOODVILLE WEST    | TWICE DAILY                                    |
| WOOLSHED FLAT     | TUES & THURS ONLY                              |
| WOOLSHEDS         | ONCE DAILY                                     |
| WYNN VALE         | TWICE DAILY                                    |
| YANKALILLA        | AM ONLY  |
| YATALA VALE       | TWICE DAILY                                    |
| YATTALUNGA        | MON, WED & FRI AM ONLY                         |
| YOUNGHUSBAND      | AS REQUIRED ONCE WEEKLY                        |
| YUNDI             | ONCE DAILY                                     |
| ZADOWS LANDING    | MON & WED                                      |